



WELCOME

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Scan the QR code here with your phone for an easy way to give to St George's.



10TH SUNDAY AFTER TRINITY

4th August 2024

HYMNS

Introit	169
Gradual	82
Offertory	25
Communion	381
Recessional	120



COLLECT

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord.

POST-COMMUNION PRAYER

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord.

FOR OUR PRAYERS: Ian, Brian, Kathy, Jewel, Beverley, Edward

IN REMEMBRANCE: Frederick Wagg, Sandy Hodgson, Sebastien Harrison

SUNDAY MORNING LIFTS FOR A MEMBER OF THE CONGREGATION

We are looking for a few more people with cars who could commit to picking up a member of the congregation for Sunday services. This would be once a month—or less, depending on the number of volunteers! Please speak to Richard or contact the parish office.



PARISH OFFICE CLOSED

Monday 12 to Monday 26 August

the parish office will be closed for annual leave. If you need anything during that time, please contact Richard or the churchwardens.

EVENTS THIS WEEK

Monday 5 August

Church: 19:00 - Meditation group

Tuesday 6 August

Church: 09:30 - Morning prayer

Church: 10:30 - Ecumenical service

Wednesday 7 August

Studio: 19:30-20:30 - Yoga class

Saturday 10 August

Church: 09:30 - Morning Prayer

Studio: 11:00-12:00 - Yoga class

Sunday 11 August

Church: 10:00 - Eucharist

Studio: 14:00 - 17:00 - Outside group

UPCOMING EVENTS

Monday 12 - Tuesday 26 August

Parish Office closed

Thursday 5 September

Chapel 18:30 - Ecumenical service

Wednesday 25 September

Church: 13:00 - Lunch Club

Sunday 29 September

Church: 18:00 - St George's Ghosts

NT: Ephesians 4: 1—16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said, 'When he ascended on high he made captivity itself a captive;

he gave gifts to his people.'

⁹(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.



GOSPEL: John 6: 24—35 (GNT)

²⁴ When the crowd saw that Jesus was not there, nor his disciples, they got into those boats and went to Capernaum, looking for him.

²⁵ When the people found Jesus on the other side of the lake, they said to him, “Teacher, when did you get here?”

²⁶ Jesus answered, “I am telling you the truth: you are looking for me because you ate the bread and had all you wanted, not because you understood my miracles. ²⁷ Do not work for food that spoils; instead, work for the food that lasts for eternal life. This is the food which the Son of Man will give you, because God, the Father, has put his mark of approval on him.”

²⁸ So they asked him, “What can we do in order to do what God wants us to do?”

²⁹ Jesus answered, “What God wants you to do is to believe in the one he sent.”

³⁰ They replied, “What miracle will you perform so that we may see it and believe you? What will you do? ³¹ Our ancestors ate manna in the desert, just as the scripture says, ‘He gave them bread from heaven to eat.’”

³² “I am telling you the truth,” Jesus said. “What Moses gave you was not the bread from heaven; it is my Father who gives you the real bread from heaven.

³³ For the bread that God gives is he who comes down from heaven and gives life to the world.”

³⁴ “Sir,” they asked him, “give us this bread always.”

³⁵ “I am the bread of life,” Jesus told them. “Those who come to me will never be hungry; those who believe in me will never be thirsty.”