



WELCOME

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Scan the QR code here with your phone for an easy way to give to St George's.



12TH SUNDAY AFTER TRINITY

18th August 2024

HYMNS

Introit 629

Gradual Psalm Antiphon (Ps 34)

Taste and see that the Lord is good.

Offertory 630

Communion 129

Recessional 436



COLLECT

God of constant mercy,
who sent your Son to save us:
remind us of your goodness,
increase your grace within us,
that our thankfulness may grow,
through Jesus Christ our Lord.

POST-COMMUNION PRAYER

God of all mercy, in this eucharist you
have set aside our sins and given us
your healing: grant that we who are
made whole in Christ may bring that
healing to this broken world,
in the name of Jesus Christ our Lord.

FOR OUR PRAYERS: Ian, Brian, Kathy, Jewel, Beverley, Carly

INTERFAITH WALK FOR PEACE

This year's walk will be **Saturday 8 September** 14:30 meeting at Catford Synagogue. Lewisham Interfaith Forum's aims include: 'To promote knowledge, understanding and mutual respect between the followers of different faiths within Lewisham and beyond.' Please do put the date in your diary.



ST GEORGE'S SCHOOL FOODBANK

Deputy head Kari MacAlpine would like to express the gratitude of the whole school community for the support received from church. The next way in which we can help St George's school is by making a donation towards the cost of school uniform. Please let Richard have anything you're able to give.



GEORGE'S YOUNG SINGERS

The Singers will resume in the autumn. If you are a young singer come and join us to learn songs and hymns. We rehearse from 09:50 until just before the Gospel reading at our Celebrate Together service on the **first Sunday of each month**. For further details contact:
Clare 07958 715292
pollard74@btinternet.com

TREVOR'S CHALLENGE!

Trevor is continuing to raise funds for **Kidney Care UK** who provide vital support to those—like Trevor—by cycling on his exercise bike. He will be doing this up to Christmas time and if you'd like to contribute, he asks that you wait until then to give him money for Kidney Care UK.



THREADS THROUGH CREATION

Currently at Southwark Cathedral until **Monday 26 August** is an exhibition of 12 huge embroidered silk panels inspired by Genesis. The artist is Jacqui Parkinson and you can find out more on her website <https://www.jacqui-textile.com/creation/> or see the small poster in the lobby.

It's free entry and visiting times are 09:00 - 17:00 Monday - Saturday and 12:00 - 14:30 and 16:00—17:00 on Sundays.

CONFIRMATION

There will be a confirmation service this autumn. If any adults or young people (12 +) would like to be confirmed, please speak to Richard.



FILM FOR THOUGHT

Our next meeting will be **Thursday 19 September** at 19:30 when we will be discussing the film, 'Belfast,' available to hire on Amazon or you may be able to borrow a DVD from other members of the congregation.



LUNCH CLUB

Our next lunch will be **Wednesday 25 September**. It would be useful to have a band of people able to help serve and wash up at Lunch Club. If that might be you, please have a word with Richard.



MACMILLAN COFFEE MORNING

We will be holding a Macmillan Coffee Morning in church on **Friday 27 September** so please make a note in your diary. More details to come!



ST GEORGE'S GHOSTS

Our Youth Group for years 6 and above meets at 18:00 on the last Sunday of the month. Our next meeting is Sunday **29 September** when we'll be making pizza.

EVENTS THIS WEEK

Monday 12 - Tuesday 26 August

Parish Office closed

Monday 19 August

Church: 19:00 - Meditation group

Tuesday 20 August

Church: 09:30- Morning prayer

Church: 10:30 - Ecumenical service

Wednesday 21 August

Studio: 19:30-20:30 - Yoga class

Saturday 24 August

Church: 09:30 - Morning Prayer

Studio: 11:00-12:00 - Yoga class

Sunday 25 August

Church: 10:00 - Eucharist

Studio: 14:00 - 17:00 - Outside group

UPCOMING EVENTS

Thursday 5 September

Chapel 18:30 - Ecumenical service

Saturday 8 September

Catford Synagogue: 14:30 -

Lewisham Interfaith Walk for Peace

Thursday 19 September

Church 19:30 - **Film for Thought**

Wednesday 25 September

Church: 13:00 - Lunch Club

Friday 27 September

Church: TBC - Macmillan Coffee Morning

Sunday 29 September

Church: 18:00 - St George's Ghosts

NT: Ephesians 5: 15 - 20

¹⁵ Be careful then how you live, not as unwise people but as wise, ¹⁶ making the most of the time, because the days are evil. ¹⁷ So do not be foolish, but understand what the will of the Lord is. ¹⁸ Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹ as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰ giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.



GOSPEL: John 6: 51 - 58

⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

⁵² The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' ⁵³ So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.

⁵⁴ Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵ for my flesh is true food and my blood is true drink.

⁵⁶ Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷ Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸ This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'